

# SENSITIVITY TEST KITS

Instructions for use and care.



HEALTHY  
FREQUENCIES 

## Using Sensitivity test Samples (For external use only)

### Desensitizing to the test samples

#### Method 1

Consult with a professional. If you have a known allergy to a test sample, always consult with a medical professional.

#### Method 2

1. From your sensitivity test kit select the vial hosting the frequency you wish to desensitize to.
2. Add the D/E vial for a total of 2 vials.
3. Carry the two vials next to the body for up to 3 hours per day for 5 days.

Skip 2 days, for example, skip day 6 and day 7.

4. Select the next vial hosting the frequency you wish to desensitize to.

5. Add the D/E vial for a total of 2 vials.

6. Carry the two vials next to the body for up to 3 hours per day for 5 days.

Continue this process through your test samples. After you have completed the use of all samples, combine up to 2 vials and D/E at one time. Then repeat the process.

#### Method 3 (If you own an AO Scanner)

Select the frequency vials prioritized by your test results. Run a new scan every other day to determine the optimum time to change vials.

## General notes:

1.Keep all vials away from electromagnetic fields such as those from a refrigerator or machinery in the workplace.

2.When carrying vials, use the pouch provided with your kit. Put them in a pocket next to the skin.

Exercise care, the vials are glass and can break.

## General notes:

1.Keep all vials away from electromagnetic fields such as those from a refrigerator or machinery in the workplace.

2.When carrying vials, use the pouch provided with your kit. Put them in a pocket next to the skin.

Exercise care, the vials are glass and can break.

.

.

---

Legal Notice and Disclaimer – Frequency Vials are not approved by the FDA. They are not intended to diagnose, prevent, cure, treat, or mitigate any disease or illness. We make no medical claims whatsoever. If you have a problem with your health, please consult a licensed healthcare professional. The Healthyfrequencies.net website refers to commonly used names of conditions, illnesses and substances such as Lyme, virus, bacteria, etc. only in relation to their frequencies and is not of a medical nature. Frequency vials serve for frequency sensitivity only. By using Frequency vials, you the user, understand and accept that you have no expectation of curing any ailment and that no guarantees as to performance are made. Furthermore, you agree that you will not hold us responsible for any consequences, whether harmful or otherwise, that may occur as a result of using any product by Healthy Frequencies LLC.